

KentuckyOne Health Physician Headlines



2017 Year in Review

Highlights from the past year seen in Physician Headlines, KMG News, One Health Magazine, KentuckyOne Health Blog, The Courier-Journal and HealthBreak videos.

Louisville Market

FORWARD



By Ron Waldrige, II, MD
Chief Medical Officer
Jewish Hospital

This special edition of **Physician Headlines** features highlights of 2017. These include headlines in our internal clinical communications, **Physician Headlines** and **KentuckyOne Health Medical Group News**, in addition to external channels, **One Health Magazine**, **KentuckyOne Health Blog**, **The Courier-Journal** and **HealthBreak videos**.

Our physicians, service lines and facilities are highlighted exemplifying the wonderful procedures and care we provide our patients. Make sure to read the full stories online with the active hyperlinks. If you need access to the online version, visit insidekentuckyonehealth.org/physicians. Don't miss the last page of this newsletter! It is a quick reference guide for contact information to refer your patients to these great physicians, services and facilities.

If you have a service or accolade you would like to be featured in an upcoming issue, email Lisa McQuillen, LisaMcQuillen@kentuckyonehealth.org.

Thank you for leading the way in many areas of health care and for all you do for our patients every day.

Emergency Care

New 30-Minute ER Pledge Now in Effect

KentuckyOne Health is making emergency room visits faster for all patients with a new "30-minute ER pledge," which is expected to cut down the time it takes to see a physician by 50 percent. With this new approach to emergency room care, patients will begin to be treated as soon as they walk through the door. This is expected to streamline patient flow and positively affect patient wait times.

[Read more.](#) | [Read Courier-Journal article.](#)



Weight Loss Surgery



Refer Patients to Weight Loss Seminars

At KentuckyOne Health, weight loss surgery is performed at Flaget Memorial Hospital, Saint Joseph East, Sts. Mary & Elizabeth Hospital, and Jewish Hospital on the downtown campus. Refer your patients to free, regularly scheduled seminars. These will feature surgeons discussing the various types of weight loss surgery procedures and answering frequently-asked questions. [Read more.](#)

LapBand Procedure Facebook Live and Live Tweeting

Congratulations to bariatric surgeons, [John Olsofka, MD](#) and [Vincent Lusco, MD](#), for a successful Facebook Live and Live Tweeting LapBand procedure at Sts. Mary & Elizabeth Hospital on January 11, 2017! Drs. Olsofka and Lusco walked viewers through the LapBand surgery live, and answered viewer questions during a live Q&A afterwards. This resulted in nearly 20,000 video views and 94 new page likes and followers. [Watch the Live procedure.](#)

[Watch](#) Dr. Vincent Lusco's HealthBreak where he discusses LAP-BAND® weight loss surgery.

KentuckyOne Health Weight Loss and Surgery Associates First in the Area to Offer SIPS Bariatric Weight Loss Procedure

In 2017, [Robert Farrell, MD](#) with KentuckyOne Weight Loss and Surgery Associates, were the first in the Kentuckiana area to perform the stomach intestinal pylorus sparing surgery (SIPS). "The SIPS procedure is an effective way for many patients to control their calorie intake and absorption, in order to lose weight and keep their bodies healthy," said Dr. Farrell. "This procedure has been shown to enhance weight loss results, and can resolve or improve type 2 diabetes." Additional benefits include low risk of post-surgical complications, and an option for revisional surgery for patients who have had a previously performed sleeve gastrectomy.

[Watch Dr. Farrell's video covering SIPS.](#) | [Read press release.](#)



Our Lady of Peace/Behavioral and Mental Health



Our Lady of Peace Opening First-of-its-Kind Clinic

Our Lady of Peace opened the only pharmacist-operated long-acting injection clinic at a behavioral health care center in the U.S. on March 7, 2017. The clinic is intended to integrate pharmacy practice with behavioral health specialists. [Read more.](#)

[Read Insider Louisville article.](#) | [Read Courier-Journal article.](#)

Watch pharmacist Steve Cummings discuss VIVITROL®, a non-addictive, once-monthly treatment proven to prevent relapse in opioid and alcohol dependent patients following detoxification. VIVITROL is one of the injections offered at Our Lady of Peace’s Long-acting Injection Clinic.

Our Lady of Peace Moves Adult Outpatient Center to Help Expand Services

To expand therapy services, Our Lady of Peace has moved its Adult Outpatient Center to a new off-site location. The program will now be located at 4414 Churchman Avenue, adjacent to Sts. Mary & Elizabeth Hospital. The new location was needed to expand other therapy services for children and adolescents at the main Peace location. Inpatient services will continue to be available at the main location.

Watch Michael Gosser, LCSW, LCADC, Director of Adult Outpatient and Addiction Services at Our Lady of Peace discuss the Adult Outpatient Center expansion.

Hepatitis C Clinic

Kentucky Has Highest Hepatitis C Rate; KentuckyOne Health Encourages Testing

Kentucky is no stranger to the hepatitis C virus. More than 38,000 Kentuckians are currently infected with hepatitis C, according to estimates from the Kentucky Department for Public Health. The contagious liver disease can cause liver cancer or cirrhosis, and is spread by contact with an infected person’s blood. Curing hepatitis C is possible. Screening is vital for identifying the disease early when damage can be reversed and before the organ has paid a heavy price.

[Read blog article.](#)

Watch Tracy Gowan, APRN, talk about Jewish Hospital’s Hepatitis C program.

Heart Care

KentuckyOne Health Brings CPR Awareness to More than 30,000 Basketball Fans

In February 2017, KentuckyOne Health again brought heart disease awareness to more than 30,000 basketball fans by taking a “Be a Heart Hero” CPR training event to the men’s and women’s University of Louisville basketball games. During halftime the entertainment and training began with University of Louisville Cardiologist [Dr. Lorrel Brown](#), who led local celebrities in a hands-only CPR demonstration on the court. [Read more.](#)



As part of the “Be a Heart Hero” campaign, KentuckyOne Health participated in this year’s Pegasus Parade. Some of KentuckyOne Health’s Heart Heroes – [Dr. Lorrel Brown](#), [Dr. Chandhiran Rangaswamy](#) and [Dr. Kendra Grubb](#) – were featured in the march down Broadway. [Read more.](#)

Three KentuckyOne Health Hospitals Receive ACE Accreditation for Cardiac Catheterization



Jewish Hospital, Sts. Mary & Elizabeth Hospital and University of Louisville Hospital, have been fully accredited for cardiac catheterization by Accreditation for Cardiovascular Excellence (ACE), an organization dedicated to ensuring adherence to the highest quality standards for cardiovascular and endovascular care. [Read more.](#)

HeartMate 3 Receives FDA Approval

Jewish Hospital was the first facility in Kentucky to implant the HeartMate 3 LVAD, which was just approved by the FDA for short-term use. The department of Cardiovascular and Thoracic Surgery, University of Louisville and Jewish Hospital, played an important role in the clinical trial. [Read more.](#)

WATCHMAN™ – Treating Atrial Fibrillation

The WATCHMAN™ device is now available at Jewish Hospital, which may eliminate long-term use of blood thinners for some patients with AFib. Shaped like a small umbrella, the WATCHMAN device is implanted into the heart’s left atrial appendage to prevent potential stroke-causing blood clots that form there from traveling to the brain. This minimally invasive procedure typically lasts less than two hours, and the patient usually will return home the next day.

Watch a patient testimonial from Jack Bunnell on how the WATCHMAN™ device changed his life.

Watch Dr. Rakesh Gopinathannair talk about the WATCHMAN™ device.

[Read Courier-Journal article.](#)



Transplant Care**Jewish Hospital Trager Transplant Center Opens New Outreach Clinic in Bowling Green**

The Jewish Hospital Trager Transplant Center, part of KentuckyOne Health, has opened a new outreach clinic in Bowling Green that will help patients in need of transplant evaluations. [Read more.](#)

Transplant Center at Jewish Hospital Only Kentucky Hospital Selected for National Study

The Trager Transplant Center at Jewish Hospital has been selected to participate in the second pilot phase of the Collaborative Innovation and Improvement Network (COIN), a three-year project intended to increase kidney utilization and study new methods of quality monitoring. [Read more.](#)

Transplant Center Has Record Year!

As of December 1, Jewish Hospital completed 175 organ transplants, breaking the yearly record for the most transplanted organs in the program's 53-year history! Along with this record breaking year, the Trager Transplant Center has accomplished several milestones, the 900th liver transplant, 3,000th kidney transplant and 5,000th transplanted organ. Congrats to all the Jewish Hospital Trager Transplant Center team!

Watch Dr. Mary Eng as she talks about the value of Trager Transplants 3,000th kidney transplant milestone.

Watch David Lewis, Director Transplant Services, discuss the Trager Transplant Center.

Auto-Islet Transplantation Program at Jewish Hospital

The islet cell auto-transplantation program at Jewish Hospital has, in a very short period of time, grown to become one of the largest in the world. Using this transplantation process, physicians have pioneered treating pancreatitis without the onset of diabetes.

[Read blog article.](#) | [Read Courier-Journal article.](#)

Orthopedic Care**Need Orthopedic Care? Go East**

Kentuckiana has a new home for musculoskeletal medicine: the "Ortho Hub" at Medical Center Jewish East. The Ortho Hub team cares for conditions affecting all areas of the musculoskeletal system, with special expertise in shoulder and elbow disorders as well as sports medicine.

[Read blog article.](#)

[Read Courier-Journal article.](#)

Watch Dr. Kevin Harreld discuss minimally invasive joint replacement procedures.

Customizing Knee Replacements, One Patient at a Time

MAKO™ Robotic Arm Interactive Orthopedic System at Jewish Hospital allows surgeons to create custom knee and hip replacements for their patients. The surgeon-controlled robot arm system enables accurate alignment and placement of implants and provides real-time intraoperative information to the surgeon.

[Read blog article.](#) | [Read Courier-Journal article.](#)

CT Lung Cancer Screenings

KentuckyOne CT Lung Cancer Screenings provide a great service to our communities by detecting lung cancer and diseases early in patients. We now provide screenings at 20 different locations. Out of the patients screened, 28% have significant emphysema/COPD and 11% have coronary artery disease. [View the latest program highlights](#) and [refer a patient](#) to this life-saving program!

Sports Medicine**Sports Medicine Urgent Care Clinic**

The Sports Medicine Urgent Care Clinic located at Medical Center Jewish Northeast, continues to provide after-hours care to patients whom have experienced a sports injury including, but not limited to, sprains, strains and breaks.

Watch Dr. Neil Patil's HealthBreak covering the Sports Medicine Urgent Care Clinic.

Diabetes and Nutrition Care Program

As you may know, starting in 2017, Hemoglobin A1c is one of the quality measures that Primary Care Physicians are to monitor and treat. With that in mind, we wanted to inform you that KentuckyOne Health has the Diabetes and Nutrition Care (DNC) program to assist your patients who have diabetes, pre-diabetes, and various nutritional concerns. [Read more.](#)



Neurology Care

Frazier Rehab Offers Stroke Rehab Program

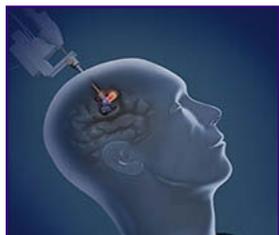
The Stroke Rehab Program offers a full continuum of services. Accredited by the Commission on Accreditation for Rehab Facilities (CARF) and led by an interdisciplinary team of medical and clinical professionals, the program focuses on improving patients' communication abilities and physical and/or cognitive capabilities – all essential to mobility, self-care and psychosocial adjustment to stroke. Centered on wellness, the prevention of complications and life after a stroke, the program utilizes a stroke education group and other resources to make education and advocacy a top priority.

Watch Kathy Panther, Director Acquired Brain Injury Program, discuss Frazier Rehab's Stroke Rehab Program.

UofL, Jewish Hospital Physicians First in Region to Offer Refined DBS Technology

UofL and Jewish Hospital physicians are the first in the region to offer the St. Jude Medical Infinity™ DBS system. It was recently approved by the U.S. Food and Drug Administration for patients with Parkinson's disease and essential tremor. It is the first DBS system in the United States to feature a directional lead designed to precisely customize therapy to help maximize patient outcomes and reduce side effects. The more precise control of the direction of the electrical stimulation allows for reduced strain on the battery, leading to longer battery life. In addition, the iPod Touch controller is more intuitive and familiar for patients. [Read more.](#)

Jewish Hospital Now Offers Robotic Laser Therapy, NeuroBlate®



NeuroBlate® laser therapy can be precisely controlled to kill abnormal tissue while doing as little harm as possible to surrounding healthy tissue. It can also be used with patients who have lesions in areas of the brain that are difficult to access by traditional open surgery without

harming essential functions like speech, vision and muscle control. The NeuroBlate® System from Monteris Medical® is a robotic laser technology that uses real-time magnetic resonance imaging (MRI) to precisely guide a laser probe. The laser applies heat to the growth, in controlled amounts, until the diseased tissue is destroyed. It can be used on tumors and lesions in many locations in the brain, near the surface or deep inside.

Watch Dr. Brian Williams elaborate on the robotic laser therapy, NeuroBlate®.

KentuckyOne Health Hospitals Honored for Commitment to Quality Stroke Care

The American Heart Association recognizes Jewish Hospital, Sts. Mary & Elizabeth Hospital, Saint Joseph Hospital and University of Louisville Hospital for their commitment to quality stroke care with the Get With The Guidelines-Stroke Gold Plus Quality Achievement Award. [Read more.](#)

Wound Care

Wound Care at Jewish Hospital

A new Wound Care Center is now open at Jewish Hospital, offering patients a comprehensive quality approach to wound healing and providing state-of-the-art clinical services to our fastest-growing medical demographic: patients with diabetes aged 60 years and older. [Read more.](#)

Watch as Dr. Timothy Ford talks about the Wound Care Center at Jewish Hospital.

[Read Courier-Journal article.](#)



(L-R) Felicia Gibson (Front Desk Coordinator), Maria Greding, RN (Program Director), Timothy Ford, DPM, FACFAS, Lynne Marshall, RN, WOCN, and Mary Kent, RN.

Kentucky Health Partners Award

KentuckyOne Health Partners Achieves "Elite 5-Star" Status

KentuckyOne Health Partners (KHP), the state's largest and most successful accountable care organization, has achieved Elite 5-Star status from CAPG, the nation's leading professional association for accountable physician groups. KHP is one of only 87 organizations nationally to achieve the coveted Elite honor in 2017. [Read more.](#)

GI Motility Clinic

The Jewish Hospital GI Motility Clinic

The Jewish Hospital Gastrointestinal (GI) Motility Clinic brings together gastroenterologists and surgeons, many with national and international reputations who specialize in GI motility disorders. One of the therapies available at the GI Motility Clinic is the Medtronic Enterra Therapy System, which is used to treat symptoms of gastroparesis. Enterra is a device implant that works by emitting mild electrical pulses to stimulate the top portion of the stomach's wall. It is an option for patients who have tried other treatments but haven't experienced improvement.

Watch Dr. Thomas Abell discuss the Medtronic Enterra Therapy System.

2017 Physician Spotlights

Our physicians – and the patient services they provide – are the foundation of our health care organization. Throughout the year, we are pleased to “spotlight” physicians’ awards, recognitions, and notable achievements. Included here is a recap of those spotlighted in 2017 editions of Physician Headlines. If you would like to be featured in an upcoming issue, email Lisa McQuillen, LisaMcQuillen@KentuckyOneHealth.org.



Dr. Lorrel Brown Wins Prestigious National Research Award

Cardiologist Lorrel Brown, MD, won the prestigious Stamler Award at the Northwestern Cardiovascular Young Investigators’ Forum in Chicago for her research into CPR training of high school students and its effectiveness in saving lives. [Read more.](#)



Dr. Darryl Kaelin Named President of National Professional Organization

Darryl L. Kaelin, MD, medical director of the Frazier Rehab Institute, assumed the role of president of the American Academy of Physical Medicine & Rehabilitation (AAPM&R) on Saturday, October 14, at the

organization’s annual assembly in Denver. Dr. Kaelin will serve as AAPM&R president for one year. [Read more.](#)

What Our Patients Are Saying...

“Dear **Dr. Head**, Thank you for everything you have done to help me. I am convinced you are the best psychiatrist in the city. I am also so grateful. You helped to save my life.”

Kathy Fitzgerald, patient

Business First’s 2017 Health Care Heroes Awards

Congratulations to **Dr. Muhammad Babar**, **Dr. Darryl Kaelin** and **Dr. Kathrin LaFaver** for being named finalists for **Business First’s 2017 Health Care Heroes** awards. These awards recognize professionals who demonstrate excellence in the health care industry and work to improve lives in their communities. They were honored at a luncheon banquet on February 23. They were also featured in a special section of **Business First** published on February 24.



Dr. Muhammad Babar
KentuckyOne Health Hospital
Medicine Associates, *Sts.
Mary & Elizabeth Hospital*



Dr. Darryl Kaelin
Medical Director
Frazier Rehab Institute



Dr. Kathrin LaFaver
Director of University
of Louisville Physicians
Movement Disorders Clinic



The 2017 Doctors' Ball occurred on October 21 in Louisville. At the event, physicians and community members who bring hope, healing and wellness to our community were honored.



Gordon Tobin, MD
Ephraim McDowell
Physician of the Year



Valerie Briones-Pryor, MD
Compassionate
Physician Award



David Casey, MD
Excellence in
Mental Health



Valerie Casey
Excellence in
Mental Health



Norton Waterman, MD
Excellence in
International
Humanitarian Service



Gerald Temes, MD
KentuckyOne Health
Excellence in
Leadership Award



Sarah Moyer, MD
Humana Physician
Excellence in
Community Health
Award

Jewish Hospital & St. Mary's Foundation Doctors' Ball HONOREES



Thanks to Harkema, Patient Regains Voluntary Motor Function

Susan Harkema, PhD, director of research at Frazier Rehab Institute, leads recovery of motor function in a research participant who previously had received long-term, activity-based training along with spinal cord epidural stimulation (scES).

Harkema and her colleagues report that over the course of 34.5 months following the original training, the participant recovered substantial voluntary lower-limb motor control and the ability to stand independently without the use of scES. [Read more.](#)



KMG Physician Honored by Jewish Community of Louisville

For his work in advocating for interfaith cooperation, **Muhammad Babar, MD**, of KentuckyOne Health Hospital Medicine Associates was recently honored with the Blanche B. Ottenheimer Award. The award is given each year to someone who has improved the quality of life in Louisville, in Kentucky and beyond.



Physician Recognized by Ford Plant

Kudos to Raymond Hart, MD, Ford KTP Plant Physician for being formally recognized by Ford Plant for the 2016 launch and new hires! Dr. Hart went above and beyond to make sure the over 5,000 new employees hired in 2016 received their pre-employment physicals. He worked longer hours and weekends to make sure Ford’s timeline was achieved.

Quick Reference Guide

To refer your patients or learn more about content you have read in the **2017 Year in Review** edition of Physician Headlines, call the numbers below.

Cardiology

- Advanced Heart Failure Therapies Program 502.587.4384
- Heart Rhythm Care 844.287.3938
- Heart Valve Program..... 877.543.9457
- KentuckyOne Health Cardiology Associates 502.585.4321
- Vascular Screenings 502.587.4327
- Vascular Surgical Associates 502.589.3173

Diabetes & Nutrition Care 859.313.1254

GI Motility Clinic 502.540.1420

Hepatitis C Clinic 502.587.4994

Jewish Hospital Transplant Care 502.587.4939 or 1.800.866.7539

Lung Cancer Screening

- CT Lung Cancer Screening:..... 855.345.9663

Neurology

- Neurosurgery..... *Beeper Only:* 502.332.8327
- Stroke Care at Jewish Hospital 502.587.4011
- Stroke Care at Sts. Mary & Elizabeth Hospital..... 502.361.6246
- Stroke Rehab Program..... 502.582.7476

Orthopedics & Sports Medicine

- MAKO 844.345.1264
- Ortho Hub at Medical Center Jewish East..... 502.253.4120
- Sports Medicine Urgent Care Clinic 844.603.8014

Our Lady of Peace

- Assessment and Referral Line 24/7 502.451.3333
- Long-acting Injection Clinic 502.479.4445

Weight Loss

- Flaget & Jewish Hospital Weight Loss Program 502.350.5493
- Sts. Mary & Elizabeth Hospital Weight Loss Program.... 502.361.6059
- Weight Loss Seminars 502.912.8751

Wound Care 502.561.3918